"Community Health Centers' Role in Shaping Health Care Payment Reform"

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"1% of Americans accounted for 22% of health care costs in 2009 while 5% accounted for 50% of health care costs"

Cohen, S et al. AHRQ. January 2012



"Community Health Centers have demonstrated their ability to deliver affordable, comprehensive, coordinated, patient-centered care in facilities physically proximate to the patients who need it."

> Starfield B et al. Contribution of Primary Care to Health Systems and Health - 2005



Our value is in providing comprehensive, integrated medical care to our patients

- Highly complex patients receive fragmented medical care at best. They are in and out of emergency rooms and hospitals.
- CHC's are the ideal Patient-Centered Health Care Home because of the integrated services they provide.
- A core group of well trained providers is essential.
- They must be incentivized to closely follow and provide medical care to complex medical patients.



"The tasks that a primary care physician must accomplish are far more complex and time consuming than they were a decade ago."

Grumbach K, Bodenheimer T. JAMA 2002; 288: 889-93



"It has been estimated that it would take a physician 7.5 hours per working day to provide all recommended preventive services to a typical patient panel, plus 10.6 hours per day to provide high-quality long-term care.

Bodenheimer T. NEJM 2008; 358: 1064-1071





Definition of the Complex Patient

- Complex Patient: One chronic disease diagnosis (e.g. diabetes, cardiovascular disease, asthma, obesity) plus one behavioral health diagnosis(e.g. depression, chronic pain, substance abuse) plus one low socioeconomic measure (e.g. homelessness, extreme poverty).
 - *Very Complex Patient:* Two chronic disease diagnoses (as above) <u>plus</u> one behavioral health diagnosis (as above) <u>or</u> one low socioeconomic measure (as above).
- Most Complex Patient: Two chronic disease diagnoses <u>plus</u> one behavioral health diagnosis plus one low socioeconomic measure.

