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# An Examination of Enabling Services at **Waianae Coast Comprehensive Health Center (WCCHC)** 2004 - 2007

**Enabling Services Accountability Project** 



Association of Asian Pacific Community Health Organizations

# INTRODUCTION

Asian Americans, Native Hawaiians, and Pacific Islanders (AAPIs), especially those that are medically underserved, face substantial financial, cultural, and linguistic barriers that prevent them from obtaining appropriate health care. Enabling services (ES), non-clinical services such as interpretation and financial counseling, aimed to increase access to health care, are believed to improve health outcomes for underserved minority patients. They also help to promote better management of chronic diseases. However, there is little evidence to support this claim, as there is currently limited data on enabling services. In addition, these services are not reimbursed or adequately funded by payors. The limited data is a crucial barrier to securing financial support for these essential services at Community Health Centers (CHCs) such as Waianae Coast Comprehensive Health Center (WCCHC) in Waianae, Hawaii.

The Enabling Services Accountability Project, which is a collaborative effort between the Association of Asian Pacific Community Health Organizations (AAPCHO) and its member clinics, aims to fill this information gap by developing an enabling services data collection model, and examining the impact of these services on health care delivery and health outcomes. Four AAPCHO community health centers serving primarily AAPIs, including WCCHC, are participating in this project and utilizing this ES data collection model.

This fact sheet provides an overview of enabling services utilization at WCCHC for the years 2004-2007 that includes data collection methods, patient type, encounters, and provider type. AAPCHO is assisting these health centers as they document enabling services utilization so we may provide much needed data on this topic, and better understand the impact of these services on access to care and quality of care for medically underserved AAPIs. The information is also useful for health centers in their efforts to secure staffing, funding and added resources that support enabling services provision, as well as to support advocacy efforts for enabling services reimbursement and funding. Overall, the documentation and examination of enabling services supports the national efforts to improve cultural and linguistic appropriate health care delivery and reduce and eliminate health disparities for underserved AAPI populations.

# **METHOD**

# **Enabling Service Data Collection Procedure**

- (1) Define enabling service measures & data collection variables
- (2) Develop enabling service encounter form & data codebook
- (3) Develop data collection protocol and assess face and content validity
- (4) Conduct enabling service data collection and assess inter-rater reliability

Please contact AAPCHO for definitions and data collection protocol.

# **Enabling Services Measures**

- ◆ Case Management (CM) Assessment, Treatment, and Referral
- ◆ Eligibility Assistance
- ◆ Health Education or Supportive Counseling
- ◆ Interpretation
- Outreach
- Transportation
- Other Enabling Services

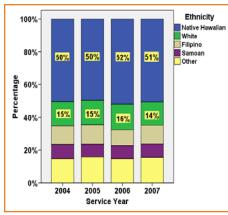
# **Enabling Service Patients Comparisons** 2004 - 2007

	# of Patients	# of Services	Average Age	% Female
2004*	4,803	14,861	30	61%
2005	5,216	22,145	33	63%
2006	5,948	30,055	34	60%
2007	6,022	26,843	32	62%
Average**	5,729	26,348	31	59%

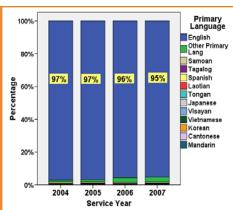
<sup>\*</sup>Data from Apr- Dec 2004; Data from Jan-Mar 2004 was not available

# **RESULTS**

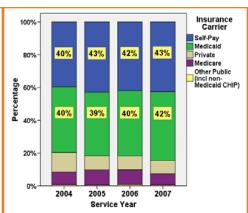
# **Enabling Service Patients: 2004 - 2007**



Native Hawaiians comprised the majority of the patient population.



English was consistently the most spoken language. Other Primary Language consisted mostly of Hawaiian.



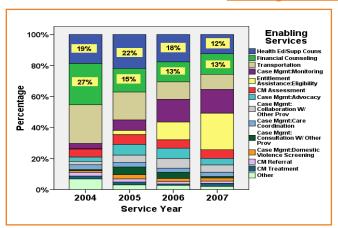
Self-Pay and Medicaid were the most common insurance source.

<sup>\*\*</sup>Yearly Average for 2005-2007

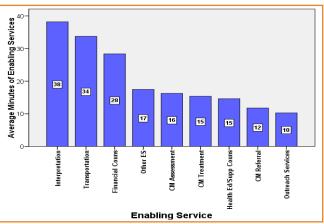


# **Examination of Enabling Services at WCCHC**

# Enabling Services: 2004 - 2007

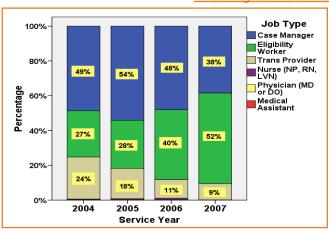


There was an increase in CM Monitoring and a decrease in Transportation from 2004-2007.

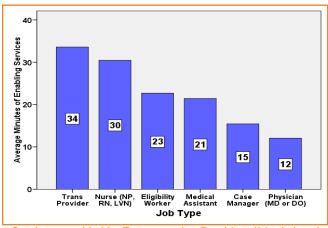


Interpretation (38 min.) and Transportation (34 min.) averaged the longest time.

# **Enabling Service Providers: 2004 - 2007**



Case Managers, Eligibility Workers and Transportation Providers provided the most services.



Services provided by Transportation Providers (34 min.) and Nurses (30 min.) averaged the longest time.

# SUMMARY

- ♦ The majority of enabling services patients were female (59%).
- ♦ The average age of enabling services patients was 31 years old.
- The most common ethnicities served at WCCHC were Native Hawaiian, White and Fillipino. Native Hawaiian comprised half of the patient population (49%).
- ◆The most common language spoken by patients was English (96%).
- ♦ The most common insurance sources were Self-Pay (44%) and Medicaid (40%).
- Most enabling services in 2007 were Eligibility Assistance (24%), followed by Case Management Monitoring (16%).
- Most enabling services lasted 10 minutes (49%). Average time of enabling services decreased from 2004-2007 (2004: 27 minutes; 2005: 21 minutes; 2006: 19 minutes; 2007: 19 minutes).
- Interpretation (38 minutes) and Transportation (34 minutes) averaged the longest service time.
- Case Managers (47%), Eligibility Workers (38%) and Transportation Providers (14%) consistently provided most enabling services.
- Services provided by Transportation Providers (34 minutes) and Nurses (30 minutes) averaged the longest service time.

# CONCLUSIONS

Culturally and linguistically appropriate enabling services are essential to Asian Americans, Native Hawaiians, and Pacific Islanders and other underserved minorities that receive health care services from community health centers nationwide, such as Waianae Coast Comprehensive Health Center.

By documenting enabling services and examining health outcomes through AAPCHO's Enabling Services Accountability Project, we demonstrate to policymakers the value of enabling services in improving access to care and quality of care to underserved minorities.

Overall, enabling services reduce health disparities and result in improved health outcomes for underserved populations. They are a vital investment in preventive care and reduce emergency room utilization.