Preparedness for Diabetes Management During COVID-19 Learning Series

Session 1: The PI COVID-19 Response Plan

June 3, 2020 (US)
June 4, 2020 (USAPI)

Moderator: Jen Lee, Director of Community Services and Partnerships, AAPCHO
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About AAPCHO

AAPCHO is dedicated to promoting advocacy, collaboration, and leadership that improves the health status and access of Asian Americans (AAs) and Native Hawaiian and Pacific Islanders (NHPIs) within the United States, the U.S. territories, and the Freely Associated States.
32 member organizations including

27 FQHCs across

13 U.S. states

1 U.S. territory

2 FAS nations
Acknowledgements
Pacific Islander Center of Excellence in Primary Care

OUR MISSION

The Pacific Islander Center of Primary Care Excellence (PI-CoPCE) was established to improve the health of Pacific Islanders (PIs) in the United States and U.S. Pacific through primary care support, research, workforce development, and community initiatives.

PI-CoPCE is unique in such a way that the Center focuses on all Pacific Islanders in the United States, Hawaii, and the U.S. Pacific; is focused only on primary care services; and collaborates not only with community health centers (CHCs) but also with community-based organizations (CBOs).

For more information visit: pi-copce.org
Guest Speaker

Nia Aitaoto, PhD

Co-Lead, Pacific Islander National COVID-19 Response Team

Senior Consultant, PI-CoPCE
Webinar Series Learning Objectives

1. Increase awareness of the National Pacific Islander COVID-19 Community Mobilization Response Plan.

2. Provide health centers with key considerations to support medication management during the time of COVID-19 for Pacific Islander patients with diabetes.

3. Provide customized community health center response plans for COVID-19 that incorporate the needs of patients with diabetes.

Today

Next Week

June 17, 2020
Overview

1. Plan Development Background
2. National Community Mobilization Response Plan Strategies & Rationale
3. Strategy Activities
Background

1. Data from 10 regions/states
2. Formed the PI Covid-19 Response Team (April 17, 2020)
3. Press Release & Strategic Plan (April 24, 2020)
4. Weekly National Calls: Data & Strategic Plan Updates

<table>
<thead>
<tr>
<th>Table 1: State or County COVID-19 Cases</th>
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<tbody>
<tr>
<td>State or County</td>
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<td>California</td>
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<td>Utah</td>
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<td>Salt Lake County, UT</td>
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<td>King County, WA</td>
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1. Slow and Stop Spread
2. Increase Testing and Contact Tracing
3. Provide Isolation and Quarantine Support
National Strategies

1. Slow and Stop the Spread
   a. Promote and support the use of personal protective measures or PPMs (e.g., handwashing, cough etiquette, and face coverings)
   b. Promote and support Social distancing (e.g., maintaining physical distance between persons in community settings and staying at home)
   c. Encourage and support compliance with local/state laws/guidelines regarding large gatherings*
   d. Partner with employers with large numbers of PIs employees to provide safe working environment and support family and community efforts to minimize the spread of COVID-19.
   e. Provide support to PI families to successfully shelter in place
2. Increase Testing and Tracing
   a. Increase diagnostic testing among PIs and in PI Communities
   b. Increase and improve contact tracing for PIs
   c. Increase serological testing among PI and in PI Communities
National Strategies

3. Provide Isolation and Quarantine Support
   a. Provide isolation support to PIs and PI families
   b. Provide quarantine support to PIs and PI families

For people who are sick, isolation:
- Separates people infected with diseases like COVID-19 from those who are not
- Restricts movement of sick people to avoid spread of the illness
- Keeps people out of the public until the risk of transmission to others is low

For people who are not sick, but may have been exposed, quarantine:
- Restricts movement of people to monitor symptoms for early detection
- Prevents the spread of infection or contamination
- Should be communicated with clear guidelines from the authorities
Activities: Slow and Stop the Spread

1. Promote and support the use of personal protective measures or PPMs (e.g., handwashing, cough etiquette, and face coverings)

   - Translate and use materials and information that are culturally and linguistically appropriate/respectful from trusted sources (like CDC, CHCs and WHO)
   - Use NHPI data from trusted sources (contact your local health department or the PI COVID-19 Response Team’s Data Workgroup)
   - Use trusted messengers (e.g. PI health care providers, faith leaders, etc.)
   - Partner with churches, cultural clubs, CBOs, coalitions, etc. to promote and support the use of personal protective measures.
   - Utilize all communication channels (including social media) to promote the use of personal protective measures.

2. Promote and support Social distancing (e.g., maintaining physical distance between persons in community settings and staying at home)
Ex: Mask Use


- Messengers: Health Care Providers, Faith leaders, Community Leaders, etc.

- Communication Channels: Local Towhall via Zoom, Training Pastors, etc

- Support: FourMaskerteers, YouTube: How to Make/Sew a mask, Mask distribution, etc.
Activities: Slow and Stop the Spread

3. Encourage and support compliance with local/state laws/guidelines regarding large gatherings*

4. Partner with employers with large numbers of PIs employees to provide safe working environment and support family and community efforts to minimize the spread of COVID-19.

5. Provide support to PI families to successfully shelter in place.

- Outreach to churches, cultural clubs, CBOs, coalitions, etc.
- Identify and provide support to churches, cultural clubs, CBOs, coalitions, etc.
- Outreach to families and communities to discourage large family gatherings and encourage alternative ways to connect
- Partner with PI churches, CBOs, coalitions, etc. to identify PIs sheltering needs.
- Partner with employers, social services agencies to identify PIs sheltering resources.
Ex: We are the Church

- Alternatives to gathering @ the church: online, parking lot, at the part (6ft distancing), etc.
- Support pastors/churches to do services, counseling, meetings, etc. online
  - Technology Training for Pastors/Leaders and congregants
  - Equipment and internet/bandwidth support
Activities: Increase Testing and Tracing

1. Increase diagnostic testing among PIs and in PI Communities
   - Advocate for testing PIs and in PI communities.
   - Partner with health departments, clinics, hospitals, etc. to provide testing in PI communities
   - Partner with churches, cultural clubs, CBOs, coalitions, etc. to promote testing.
   - Advocate for increased tracing for PIs to protect PI communities.
   - Partner with health departments, clinics, hospitals, etc. to increase/improve tracing
   - Develop a community tracing program that complies with public health and county/city/state regulations.

2. Increase and improve contact tracing for PIs.
Ex: Contact Tracing

- Train trusted community leaders and partners to do contact tracing
  - John Hopkins University online course
- Link this to Ministry or Department of Health efforts (hiring PI staff)
- National Contact Tracer Initiative using technology
- Link to community resources

![Six Steps to Investigate Cases and Trace Their Contacts](image-source)
Activities: Support Isolation and Quarantine

1. Provide isolation support to PIs and PI families

2. Provide quarantine support to PIs and PI families

- Partner with PI churches, CBOs, coalitions, etc. to identify PIs with isolation/isolation support needs
- Partner with churches and CBOs to obtain, organize and disseminate resources
- Partner with PI churches, CBOs, coalitions, etc. identify PIs with quarantine/quarantine support needs.
- Partner with churches and CBOs to obtain, organize and disseminate resources
Ex: Isolation and Quarantine Support

- COVID-19 Household Safety Plan (Before, During and After)
- Household Needs Assessment
- Meals/Food Delivery (Churches and NGOs)
- Online access Support
- Financial Support
- Mental Health Support
Ex: Isolation and Quarantine Support

- Heath Department I & Q Centers
- Hotel Vouchers
- Church and/or Church Halls as Temporary Shelter
- Meals/Food Delivery (Churches and NGOs)

Call to Access Services
Call the King County COVID-19 Call Center to see if isolation and quarantine services are right for you. Interpretation is available.
Phone #: (206) 477-3977 Hours: 8 AM - 10 PM daily

Learn more: kingcounty.gov/covid
Thank you!
Q&A
Homework:
Developing Your Health Center COVID-19 and Diabetes Response Plan
<table>
<thead>
<tr>
<th>NATIONAL PI STRATEGIES</th>
<th>EXAMPLES OF ACTIVITIES</th>
<th>HEALTH CENTER DIABETES MANAGEMENT SUPPORT PLAN</th>
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<tbody>
<tr>
<td><strong>A. SLOW AND STOP THE SPREAD</strong></td>
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</table>
| 1. Promote and support the use of personal protective measures or PPMs (e.g., handwashing, cough etiquette, and face coverings). | a. Translate and use materials and information that are culturally and linguistically appropriate/respectful from trusted sources (like CDC, CHCs and WHO)  
b. Use NHPI data from trusted sources (contact your local health department or the PI COVID-19 Response Team’s Data Workgroup)  
c. Use trusted messengers (e.g. PI health care providers, faith leaders, etc.)  
d. Partner with churches, cultural clubs, CBOs, coalitions, etc. to promote and support the use of personal protective measures.  
e. Utilize all communication channels (including social media) to promote the use of personal protective measures. |                                               |
|                                                                                        |                                                                                        |                                               |
| 2. Promote and support Social distancing (e.g., maintaining physical distance between persons in community settings and staying at home). | a. Translate and use materials and information that are culturally and linguistically appropriate/respectful materials from trusted sources (like CDC and CHCs)  
b. Use NHPI data from trusted sources (contact your local health department or the PI COVID-19 Response Team’s Data Workgroup)  
c. Use trusted messengers (e.g. PI health care providers, faith leaders, etc.)  
d. Partner with churches, cultural clubs, CBOs, coalitions, etc. to promote and support social distancing.  
e. Utilize all communication channels (including social media) to promote social distancing |                                               |
|                                                                                        |                                                                                        |                                               |
| 3. Encourage and support compliance with local/state laws/guidelines regarding large gatherings* | a. Outreach to churches, cultural clubs, CBOs, coalitions, etc. to encourage compliance.  
b. Identify and provide support to churches, cultural clubs, CBOs, coalitions, etc.  
c. Outreach to families and communities to discourage large family gatherings and encourage alternative ways to connect. |                                               |
|                                                                                        |                                                                                        |                                               |
| 4. Partner with employers with large numbers of PI employees to provide safe working environment and support family and community efforts to minimize the spread of COVID-19. | a. Update list of employers with large numbers of PI employees form regional and local teams.  
b. Outreach to employers and provide PI-specific educational materials and resources.  
c. Partner with employers to plan and/or implement activities to support a safe working environment.  
d. Partner with employers to plan and/or implement activities to support family and community efforts to minimize the spread of COVID-19. |                                               |
5. Provide support to PI families to successfully shelter in place.
   a. Partner with PI churches, CBOs, coalitions, etc. to identify PIs sheltering needs.
   b. Partner with employers, social services agencies to identify PIs sheltering resources.

### B. INCREASE TESTING AND TRACING

1. Increase diagnostic testing among PIs and in PI Communities
   a. Advocate for testing PIs and in PI communities.
   b. Partner with health departments, clinics, hospitals, etc. to provide testing in PI communities.
   c. Partner with churches, cultural clubs, CBOs, coalitions, etc. to promote testing.
   d. Implement activities to support testing in PI communities.

2. Increase and improve contact tracing for PIs.
   a. Advocate for increased contact tracing for PIs to protect PI communities.
   b. Partner with health departments, clinics, hospitals, etc. to increase/improve tracing.
   c. Develop a community contact tracing program that complies with public health and county/city/state regulations.

3. Increase serological testing among PI and in PI Communities.
   a. Advocate for testing PIs and in PI communities.
   b. Partner with health departments, clinics, hospitals, etc. to provide testing in PI communities.
   c. Partner with churches, cultural clubs, CBOs, coalitions, etc. to promote testing.
   d. Implement activities to support testing in PI communities.

### C. SUPPORT FOR ISOLATION AND QUARANTINE

1. Provide isolation support to PIs and PI families
   a. Partner with PI churches, CBOs, coalitions, etc. identify PIs with isolation/isolation support needs.
   b. Partner with churches and CBOs to obtain, organize and disseminate resources.

2. Provide quarantine support to PIs and PI families
   a. Partner with PI churches, CBOs, coalitions, etc. identify PIs with quarantine/quarantine support needs.
   b. Partner with churches and CBOs to obtain, organize and disseminate resources.
Session I: Evaluation
SESSION 2: DIABETES MEDICATION MANAGEMENT AND COVID-19

Guest Speaker: Raynald Samoa, MD

REGISTRATION REQUIRED: https://zoom.us/webinar/register/WN_XcRwaFH1THma2ftVIBuwFQ

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<td>Date: Thursday, June 11, 2020</td>
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<td>3:00 pm Hawi Standard Time</td>
<td>10:00 am Republic of Palau</td>
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<td>6:00 pm Pacific Standard Time</td>
<td>11:00 am Chuuk, FSM; CNMI, Guam</td>
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<td>8:00 pm Central Standard Time</td>
<td>12:00 pm Kosrae, FSM</td>
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